

Jamie Brunson

ARTIST STATEMENT

I practice Kundalini meditation: a traditional Indian form based on rhythmic, cyclical breathing. During meditation, practitioners often enter an altered perceptual state that has specific physical and visual qualities. The sensations in Kundalini are ones of opening or expanding—as if the boundaries between oneself and the external world were dissolving into an interconnected, energetic field. For many artists, studio practice produces that same sense of total identification with the materials, the moment and the process.

In these bodies of work I've translated those perceptual states into formal visual language, using the physical qualities of paint to mimic sensory phenomena like blurring, vibration, a sense of spatial depth, dispersion, and radiance. In developing the lattice compositions, I sometimes use aerial maps, images of cellular or neural networks, and mathematical diagrams as visual references because of their related structures.

In emphasizing the correlation between observation, consciousness and formal visual language, these bodies of work conjoin my studio practice with my meditation practice.